

IDAHO KINCARE
PROJECT

SPECIAL
POINTS OF
INTEREST:

- My Family.
My Story.
- Support
Groups
-

Idaho KinCare Project

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APRIL 2012

My Family. My Story.

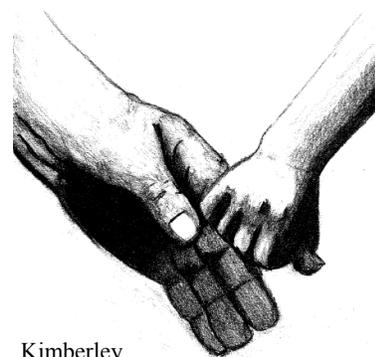
Art contest celebrating the efforts of relatives raising relatives opened April 1

Grandparents, relatives, and meaningful adults are taking on the responsibility of rearing over 23,000 Idaho children. Idaho has seen a dramatic rise in KinCare households in the last decade, growing almost 20% faster than the national trend. In response to this increase, the Idaho KinCare Project is proud to announce a statewide children's art contest.

My Family. My Story. is a statewide art contest open to children in KinCare families—families where a relative or other significant adult is raising children. Participants will compose a poem, write a short essay or draw a picture that describes how living with someone other than their parents has made a positive difference in their life. Entry forms may be downloaded from the 211 KinCare site <http://www.211.idaho.gov/kincare/Kincare.html> or obtained by mail by calling 211. The contest will run through May 31, 2012, and the top two winners in each age division will win a \$100 prize. At the close of the contest, entries will be published in a book entitled My Family. My Story. and distributed to participants.

The contest is in its second year. Among last year's winners was Hailey, age 8, who wrote, "I like living with nana and papa because they take us for walks because I'm special and cause they love me." Cassiday, age 12, wrote, "On March 9th, 2010, my grandparents adopted both me and my brother. Now we not only have a family, but we have a home."

For more information on the My Family. My Story. Art Contest, please call 2-1-1, visit the kinCare tabs on 211.idaho.gov or call Norma Barrientos, 208-442-9977..



Kimberley



Hailee

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Kirstena

Support Group Meetings

◆ Treasure Valley GAP, Boise
Georgia Mackley: 859-1130

◆ Relatives as Parents,
Caldwell
Linda Dripps: 919-4731

◆ Relatives Raising Relatives,
Idaho City
Ginny and Ken Ohls: 344-4329

◆ Grandparents/Relatives as Parents Support Group, Twin Falls
Shawna Wasko: 208-736-2122

Elaine K. Williams



The author of the acclaimed *Sacred Work of Grandparents Raising Grandchildren* is the featured speaker for the Idaho KinCare Project's presentation for relatives who are raising another family member's child on Thursday, April 12th in Nampa. Elaine Williams, who holds a master's degree in social work, is a nationally respected coach, counselor and trainer known for her commonsense approach to helping each person expand their potential to live an inspired, meaningful life.

Williams will share her expertise and offer helpful tips with KinCare providers in a morning session of the conference, and address licensed social workers, counselors and others

working in the field of relative care providers during an afternoon session. The presentation will begin at 10AM the Hispanic Cultural Center of Idaho, 315 Stampede Drive in Nampa.

Idaho KinCare Project *The Sacred Work of Grandparents Raising Grandchildren Workshop*

Thursday, April 12, 2012
10:00 AM—11:30 AM for KinCare Providers
1:00 PM—2:30 PM for Social Workers & other providers

Hispanic Cultural Center of Idaho
315 Stampede Drive, Nampa, Idaho

Contact info:

Norma Barrientos 208.442.9977

Linda Dripps 208.455.7098

Coupon Class

Date: Tuesday, April 10, 2012

Time: 6:30p.m. - 8:00p.m.

Place: Nampa Housing Authority
211 19th Ave. North
Nampa, ID 83651

208.466.2601



Jordan

Tackling the Tough Skills: Building Skills For Work & Life



A 9 week course starting
April 5th and continuing through May 31st.
Every Thursday from 3:00 to 6:00.

At WICAP Head Start Site
6123 Graye Lane
Caldwell, ID
(Next to DMV)

It is important to remember that we
cannot change anyone's behavior except our own.

Communication is critical to every
relationship that touches our lives.

Being creative is not easy, especially since
we've been taught to "color inside the lines"

For most of us, to work or not to work is not an option.
We rely on our jobs for both the necessities and the
luxuries that a paycheck provides. Since we may spend
as much as 40 to 50 years in the workplace, we should
do our best to find work that fulfills us.

**TO REGISTER FOR THIS CLASS,
CALL JOANN NIELSEN AT
WICAP ADMINISTRATION OFFICE
(208) 642-9086 EX 1013**

ATTITUDE:

Attitude affects everything
else in life.

Change is inevitable and diffi-
cult, but possible

RESPONSIBILITY

Responsibility is a choice
Proactive behavior can
change one's life

COMMUNICATION

Communication is critical to
every relationship in our
lives.

Anger is a natural emotion
that can be managed with
constructive measures

PROBLEM SOLVING

Good decision making first re-
quires recognition of the
core problem

Taking charge of our lives de-
mands taking charge of our
time.

PREPARING FOR THE WORK- PLACE

Good interviewing and re-
sume-writing skills can
help land the job

Good career choices depend
on thoughtful planning.

Plus

INDIVIDUAL STRENGTHS

**STRESS
RESOURCES**

**HUMOR
And more**



Idaho KinCare Project

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Idaho KinCare Project

A kinCare provider is a grandparent or other family member raising a relative's child. This arrangement can be challenging from legal, financial, and emotional standpoints. If you are one of the 10,000 kinCare providers in Idaho, this newsletter is for you.



It can be overwhelming to be the primary caretaker of children in today's world. When you feel as though you just can't do it anymore, it might help to remember this anonymous quote.

"You may not be able to change the entire world, but you can change the entire world of a child."

What is Earth Day?

Earth Day was founded on April 22, 1970. Started by Wisconsin Governor Gaylord Nelson and Harvard University student Denis Hayes, over 20 million people were involved in the first celebration which was comprised of environmental teach-ins that discussed the effects of decades of pollution. The event influenced the US Congress to pass clean air, water, and endangered species acts. In addition, Congress established the Environmental Protection Agency to research and monitors environmental issues and enforces environmental laws. Earth Day is now observed on April 22 each year by more than 500 million people and several national governments in 175 countries. Earth Day is intended to inspire awareness and appreciation for the Earth's natural environment.

Visit the FACS library at
www.211.idaho.gov



2-1-1 Idaho CareLine is Idaho's only statewide, comprehensive community information and referral service. Dedicated to providing a comprehensive range of low cost or free health and human services to the people of Idaho.

Dial 2-1-1 or

1-800-926-2588

www.211.idaho.gov.

Idaho CareLine • IDHW 
2-1-1™
Get Connected. Get Answers.
Dial 2-1-1 or 1-800-926-2588