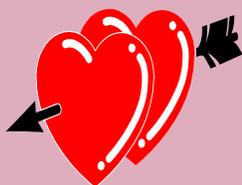


IDAHO KINCARE  
PROJECT

SPECIAL  
POINTS OF  
INTEREST:

- Early Literacy
- Support  
Group  
Meetings
- Tax Time



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# Idaho KinCare Project

VOLUME 11, ISSUE 3

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## Early literacy leads to higher productivity

In an April 2006 National Institute for Early Education Research publication, authors stated “ Early literacy plays a key role in enabling the kind of early learning experiences that research shows are linked with academic achievement, reduced grade retention, higher graduation rates and enhanced productivity in adult life. ”

( [www.nieer.org](http://www.nieer.org) ) There ’ s never a better time than right now to get your kids on a life-long reading path! Most libraries have programs for young readers. Visit your library today to learn about exciting programs for your kids.

Boise Public Library: [www.boisepubliclibrary.org](http://www.boisepubliclibrary.org)

Ada Community Library: [www.adlib.org](http://www.adlib.org)

Meridian Library District: [www.mld.org](http://www.mld.org)

Nampa Public Library: [www.nampalibrary.org](http://www.nampalibrary.org)



## Support Group Meetings

◆ Treasure Valley GAP, Boise  
Georgia Mackley: 859-1130

◆ Relatives as Parents,  
Caldwell  
Linda Dripps: 919-4731

◆ Relatives Raising Relatives,  
Idaho City  
Ginny and Ken Ohls: 344-4329

◆ Grandparents/Relatives as Parents Support Group, Twin Falls  
Shawna Wasko: 208-736-2122

*The stories that  
you tell about  
your past shape  
your future*

Eric Ransdell

*Success is the  
ability to go  
from one failure  
to another with  
no loss of  
enthusiasm*

Winston  
Churchill

*Being deeply  
loved by some-  
one gives you  
strength while  
loving some-  
one deeply  
gives you cour-  
age*

Lao Tzu



## Coupon Class

Date: Wednesday,  
February 8, 2012

Time: 10:00 a.m. - 11:30 a.m.

Place: Nampa Health and Welfare  
823 Parkcentre Way  
Nampa, ID 83651

(208) 442-9977

(208) 442-9981

# The Month of Love

Once upon a time there was an island where all the feelings lived - Happiness, Sadness, Knowledge, and all the others. . . including Love. One day it was announced to all of the feelings that the island was going to sink to the bottom of the ocean, so all the feelings prepared their boats to leave. Love was the only one that stayed. She wanted to preserve the island until the last possible moment. When the island was almost totally under, Love decided it was time to leave. She began looking for someone to ask for help.

Just then Richness was passing by in a grand boat. Love asked, "Richness, Can I come with you on your boat?" Richness answered, "I'm sorry, but there is a lot of silver and gold on my boat and there would be no room for you." Then Love decided to ask Vanity for help who was passing in a beautiful vessel. Love cried out, "Vanity, help me please." "I can't help you," Vanity said, "You are all wet and will damage my beautiful boat." Next, Love saw Sadness passing by. Love said, "Sadness, please let me go with you."

Sadness answered, "Love, I'm sorry, but, I just need to be alone now." Then, Love saw Happiness. Love cried out, "Happiness, please take me with you." But Happiness was so overjoyed that he didn't hear Love calling to him. Love began to cry. Then, she heard a voice say, "Come Love, I will take you with me." It was an elder. Love felt so blessed and overjoyed that she forgot to ask the elder his name. When they arrived on land the elder went on his way. Love realized how much she owed the elder.

Love then found Knowledge and asked, "Who was it that helped me?" "It was Time," Knowledge answered. "But why did Time help me when no one else would?" Love asked. Knowledge smiled and with deep wisdom and sincerity, answered, "**Because only Time is capable of understanding how great Love is.**"

*Not being able to do every-  
thing is no excuse for not  
doing everything you can. .*

Ashleigh Brilliant

# Homemade Fortune Cookies



Source: ourbestbites.com, adapted from *Cooking Light*

- 1/2 C flour- If you have bread flour, use it.
- 1/2 C sugar
- 1 tsp vanilla- or sometimes I use 1/2 almond
- 1/2 vanilla
- 2 egg whites

Place all ingredients in a food processor and blend to combine. Place in a container and chill 1 hour.

*Make your own 'fortunes' to put inside these fortune cookies*

Preheat oven to 400°.

Cover a baking sheet with parchment paper. Draw 3-4 (3-inch) circles on paper. Turn paper over. Spoon 1 teaspoon batter into center of each of the drawn circles; spread evenly to fill circle. Bake at 400° for 5-6 minutes or until the cookies are brown just around the edges and a little toward the centers. Remove from the oven. Let sit for a few seconds before removing from pan. Working quickly, loosen edges of cookies with a spatula, and turn over.

Place fortune along the center of 1 cookie. Fold cookie over so the edges meet ; press edges together. Gently pull the ends of the cookie down over the rim of a small bowl (or jar); hold for a few seconds or until set. Repeat procedure with remaining cookies.

Decorate cookies by dipping in chocolate or sprinkles.

Makes about 24 cookies.

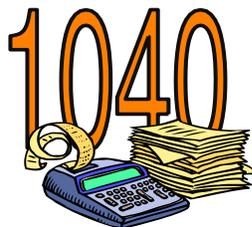
# Tax Time Tips

The mailmen will most likely have a busy few weeks in front of them. IRS rules state that companies must furnish tax information to their clients or employees by January 31, 2012. This means that if you have not received your tax documents yet in 2012, they should be coming shortly.

If you automatically associate tax time with mraines, here are a few tips to makes this season a little less stressful.

Several locations in the state offer free tax preparation for qualifying individuals.

To find a location, visit [www.211.idaho.gov](http://www.211.idaho.gov) or call the 2-1-1 Idaho CareLine. Another option for free tax assistance is to use a



'free file' program through the IRS. Visit [ww.freefile.irs.gov](http://ww.freefile.irs.gov) to learn about this program and to find a link to a reputable company that will walk you through the steps to a successful 2011 tax season. If you use this option, be aware that while filing federal taxes is free, some companies will charge you a fee to file your state taxes. Whatever way you decide to file your taxes this year, remember to MAKE and KEEP copies for your records!

**It matters not Who you love, Where you love, Why you love, When you love, Or how you love, It matters only that you love.**

**- John Lennon**



# Valentine's Day Idaho KinCare Project



A kinCare provider is a grandparent or other family member raising a relative's child. This arrangement can be challenging from legal, financial, and emotional standpoints. If you are one of the 10,000 kinCare providers in Idaho, this newsletter is for you.

## Idaho KinCare Project

823 Parkcentre Way

Nampa, Idaho 83651

Phone: (208) 442-9977

E-mail: [barrienn@dhw.idaho.gov](mailto:barrienn@dhw.idaho.gov)

It can be overwhelming to be the primary caretaker of children in today's world. When you feel as though you just can't do it anymore, it might help to remember this anonymous quote.

*"You may not be able to change the entire world, but you can change the entire world of a child."*



Visit the FACS library at [www.211.idaho.gov](http://www.211.idaho.gov)



## FACS LIBRARY

To check out materials, from FACS library, you must obtain a member number by emailing the 211 Careline at [Careline@dhw.idaho.gov](mailto:Careline@dhw.idaho.gov) with the following information:

1. Name
2. Complete Mailing Address
3. Home and Work Telephone Numbers
4. Email address
5. Your Eligibility: (1-Foster Family; 2-IDHW Employee; 3-KinCare Family; 4-Agency Partner)

After you receive a member number, you can browse materials, by following the links from the 211 Careline website at <http://211.idaho.gov/> that directs you to the FACS Resource Library.

Make your selection and in 7-10 days you should receive your requested item in the mail, along with a postage-paid envelope to mail the item back to the library. You have three weeks to read and learn from the item you checked out before you have to return it!



*2-1-1 Idaho CareLine is Idaho's only statewide, comprehensive community information and referral service. Dedicated to providing a comprehensive range of low cost or free health and human services to the people of Idaho.*

*Dial 2-1-1 or*

*1-800-926-2588*

*[www.211.idaho.gov](http://www.211.idaho.gov)*

Idaho CareLine • IDHW   
**2-1-1**™  
*Get Connected. Get Answers.*  
Dial 2-1-1 or 1-800-926-2588