

2 0 1 1 S U M M E R

the R.A.P. family

STAYCATION IDEAS FOR RELATIVES AS PARENTS



✕ *Hiawatha Bike Trail* ✕

ROUTE OF THE HIAWATHA

- Hiawatha Bike Trail 1
- Haystack Cookies 1
- Community Dinner 2
- Hudson's Hamburgers 2
- Free Concerts 3
- Art Walk 3
- Free Family Movies 3
- Fishing 4
- Mudgy & Millie Trail 4
- Summer Activities 5
- Free Meals Program 5
- Julyamsh 5
- Caltaldo Mission 5

The Route of the Hiawatha trail is the crown jewel of all rail-to-trail projects in the country. Over 15 miles of railroad track has been converted into a beautiful biking and walking trail with a gentle 2 percent downhill grade. There are ten tunnels and seven trestle bridges up to 230 feet high. The 1.7 mile-long St. Paul Pass tunnel is a highlight of the trail. Begin your ride at Lookout Pass Ski Area where mountain bike rentals, including helmets and lights, and an optional return shuttle service are available. Fees go toward maintaining the trail, constructed as part of the "Rails to Trails" program, which converts unused railways to trails.

Season: Summer , Fall , Spring

Hours: Open late May through early Oct , 8:30am-6:00pm

Fees: Adults \$9; Children 3-13 \$5. With shuttle service, adults \$18, Children 3-13 \$11. Bike, Helmet, Light Rentals & Shuttle Available. Shuttle Adult \$9, Child 3-13 \$6. Season Passes, Adult \$25, Child 3-13 \$12



Haystacks

A easy cookie you can do with your kids or they can do by themselves if they are old enough.

- 2/3 cup peanut butter
- 1 (12 oz. pkg.) butterscotch chips
- 1 (3 oz.) can chow mein noodles
- 1 cup chopped nuts.(you can omit if you use crunchy peanut butter)

Melt peanut butter and butterscotch chips. Mix in noodles and nuts until well coated. Drop by the teaspoon onto wax paper. Put in the refrigerator until set. For a variety you can substitute chocolate chips for the butterscotch



North Idaho Relatives As Parents

Free Community Dinner & Entertainment

Every one is welcome for free dinner and entertainment at the Prairie Avenue Christian Center twice a month. You can come alone, bring the whole family, invite friends and neighbors to come to a night of free food, live music, games and fun. This event is held twice a month with no strings attached. Take a night off from cooking and come have a good time. The next dinner will be Saturday, June 4th at 6 pm. Spaghetti, green salad, french bread and dessert will be served. The second dinner in June will be Monday, June 20th at 6pm - menu to be announced. Mark this on your calendar!!

Prairie Avenue Christian Center is located at: 3639 W. Prairie Avenue.

For more information call Jenny at (208) 772-7541



Hudson's Hamburgers

207 E. Sherman Ave., Coeur d'Alene, ID. (208) 664-5444

"Pickle and onion?" the counter man will ask you when you order a double hamburger, or a double cheese burger at Hudson's, a counter only diner. Hudson's has been a Coeur d'Alene Institution since 1907 when Harley Hudson opened a quick-eats lunch tent on the towns main drag. Harley's great-grandson Todd Hudson runs this great hamburger place. This will be the best hamburger you have ever

eaten. All hamburgers are made fresh on the ordering spot. There are no side dishes at all: no french fries, no chips, no slaw, and not a lettuce leaf in the house. Three squeeze bottles are adjacent to each napkin dispenser on the counter. One is hot mustard, the others is normal ketchup, the third is Hudson's special secret spicy ketchup. A glass case holds slices of pie for dessert. People come over hundreds of miles to experience Hudson's Hamburgers. All this happens at warped speed as customers enjoy the mesmerizing show from sixteen seats at Hudson's long counter and from the small standing area at the front of restaurant where new arrivals await stool vacancies. The wait is well worth your time!



Staycation ideas for North Idaho

FREE CONCERTS IN THE PARKS

In Kootenai County you can attend a free concert for least 5 days a week during the summer. Pack a picnic dinner, load up your ice chest and enjoy music while the kids run and play.

*** Sunday** Coeur d'Alene City Park 1pm to 4pm June 5 through August 21

Rotary Lakeside Bandshell Bad weather moves concert to Coeur d'Alene Resort Plaza 3rd & Sherman

***Tuesday** Sherman Square Park 6pm to 8:30pm June 28 through August 23 (Downtown Cd'A)

***Wednesday** Hayden City Park 6pm to 8:30pm July 6 through August 3 (Behind City Hall)

8930 N Government Way in Downtown Hayden

***Thursday** Riverstone Park 6pm to 7:30pm July 9 through August 27 (710 Mullan Ave.)

***Friday** Rathdrum City Park 6:30 to 8:30pm July 22 through August 12

1 mile west of Hwy 53 @ Hwy 41 Junction in Rathdrum

COEUR D'ALENE ART WALK

Every second Friday of the month from April 8 through December, stroll through beautiful Downtown Coeur d'Alene and enjoy local and nationally acclaimed artists. Visit supporting galleries, shops, restaurants and businesses with your friends and family. This is a free event that begins at 5pm to 8pm.

For more information www.artincda.org

COEUR D'ALENE FREE FAMILY FILM FESTIVAL

There will be free movies at the Riverstone Cinemas, 2416 Old Mill Loop, Coeur d'Alene, starting at 10am in two different theaters from June 22 through August 19. Below is the movie schedule:

June 22 & 24: "Muppet from Space"(G) and "Paul Blart:Mall Cop"(PG); **June 29 & July 1:** "Tale of Desperaux"(G) and "Coraline"(PG); **July 6 & 8:** "Pirates Who Don't Do Anything"(G) and "Astro Boy"(PG); **July 13 & 15:** "Charlottes Web"(G) and "Planet 51"(PG); **July 20 & 22:** "Rugrats The Movie"(G) and "Kung Fu Panda"(PG); **August 3 & 5:** "Wallace and Gromit"(G) and "Cloudy with a Chance of Meatballs"(PG); **August 10 & 12:** "Jimmy Neutron: Boy Genius"(G) and "Monsters vs. Aliens"(PG); **August 17 & 19:** "Doogal"(G) and "Hotel for Dogs"(PG).

For more information: (208)676-8185

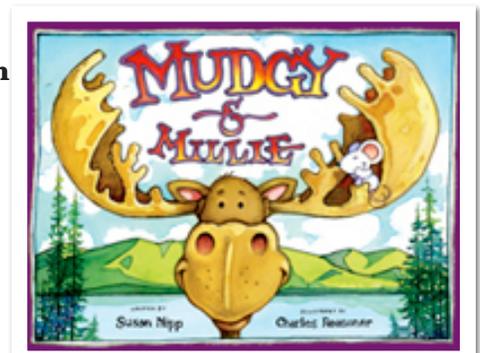
Free Fishing Day/ June 11, 2011

Both residents and nonresidents of all ages are invited to celebrate Free Fishing Day on Saturday, June 11. You may fish public waters in Idaho without a license, according to the Idaho Fish and Game. The annual Free Fishing day is an opportunity for beginner anglers to give fishing a try and perhaps develop a lifelong pursuit. Parents are encouraged to bring their children out for a day of fun and excitement.

“Take me Fishing” Trailers

Stocked with equipment and information, Idaho Fish and Game’s “Take Me Fishing” trailers travel to local ponds and lakes across the state. Getting kids excited about fishing will help build a new generation of anglers. The only thing kids and their parents have to do is show up! The fishing equipment can be checked out for free, without a reservation, during the scheduled times for your area. Participants will be granted a permit to fish without a license during the scheduled time. Remember, Idaho children 13 years old and under, can fish for free anytime. Below is the Panhandle Region Trailer Schedule.

Tuesday, June 2	4pm to 7pm	Fernan Lake
Saturday, June 4	9am to 4pm	Post Falls Park Pond
Tuesday, June 7	4pm to 7pm	Chatcolet Lake, Hayden
Thursday, June 9	4pm to 7pm	Round Lake
Saturday, June 11	All Day	Rathdrum City Park
Tuesday, June 14	3pm to 6pm	Hauser Lake
Thursday, June 16	3pm to 6pm	Kelso Lake



MUDGY & MILLIE TRAIL

Along a scenic trail that winds through downtown Coeur d’Alene (Front Street parking lot Base of Tubbs Hill) Mudgy the moose searches for Millie, a tiny mouse with a sense of humor. Pick up a trail map at the Coeur d’Alene Visitor’s Center or on the web site listed below. This is a perfect way to teach young children how to navigate. Local author Susan Nipp whipped up this cute moose and mouse with the help of an illustrator friend and local artist Terry Lee, who created the characters in life size bronze sculptures. The hide and seek walking trail starts at the base of Tubbs Hill and ends at Independence Point, with colorful signs pointing the way to fun. The entire trail is 2 & 1/4 miles long, so bring a stroller for toddlers or split the trail up with a daily adventure to the next statue. Climbing up onto Mudgy’s antlers or back is positively encouraged. The statues were built entirely for that purpose with steel rods reinforcing the bronze. You can purchase the storybook, Mudgy & Millie, at the Coeur d’Alene Library or Figpickles Toy Emporium.

For more information call 208-769-2380 or www.coeurdalene.org/mm/about_trail.html

Summer Challenge Summer Activities

June * June 17 & 18 Visit Car d'Lane, *June 26, Support the Ironman as they race through CDA

July * July 4th, watch the parade and enjoy the fireworks downtown at dusk *July 5th participate in the City Cleanup *July 22 participate in Hayden Days.

August *August 5 - 7 Downtown Street Fair, Art on the Green and Taste of Coeur d'Alene *Visit the Farmer's Market downtown CDA or in Hayden *August 17 -19 Visit the Wooden Boat Show Downtown * North Idaho Fair and Rodeo is August 24 -28 , this years theme is "A Whole Lotta Happy!"

Other Activities *Float the Coeur d'Alene River *Picnic at a local lake or park *Hike Tubbs Hill *Bike the Trail of the Coeur d'Alenes *Have a family movie night at home *Go to church together *Go to the Kroc Center as a family *Take the kids to a local church vacation bible school * Go to the Library

FREE SUMMER MEALS PROGRAM

Coeur d'Alene has sponsored the Summer Meals Program since 1989. All children 18 years and younger are eligible. There is no registration or fee. Children may come all days or any of their choice. The meals must be eaten at the site and parents/adults cannot eat any of the child's meal. The Summer Meals Program is federally funded child nutrition program to ensure that children in low-income areas receive nutritious meals when school is out for the summer. Good nutrition is essential for learning. Breakfast and lunch will be served at the below locations.

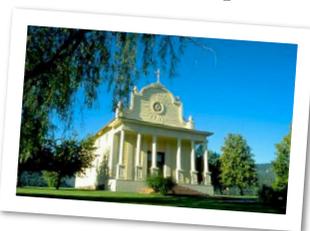
Location	Breakfast times	Lunch times
Fernan Elementary	8:30 - 9:30 am	11:30 - 12:30
Ramsey Elementary	8:00 - 9:00 am	11:00 - 12:30
Hayden Kinder Center	8:30 - 9:30 am	11:30 - 12:30
Lakes Magnet Middle School	to be determined	to be determined

JULYAMSH

The Coeur d'Alene Tribe organizes what has become the Northwest's largest outdoor powwow - Julyamsh. Different tribes from all over the country represented, with dazzling displays of color, beadwork, feathers and fabrics. There are numerous dance and drum presentations and competitions. This powwow runs July 22 - 24th at the Greyhound Park and Event Center in Post Falls. Come enjoy the dances along with the delicious fry bread and tacos. There are many booths with crafts and food.

CATALDO MISSION

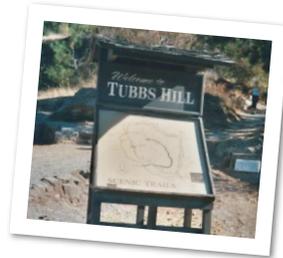
The Caltaldo Mission is open week days from 9 am to 5 pm. Visitors can take free guided tours, or guide themselves using a brochure. The 29th annual Historic Skills Fair is set for July 9 - 10th. August 15th marks the Feast of the Assumption, when the Coeur d'Alene Tribe comes back to the mission to celebrate the Virgin Mary. **For information: (208) 682-3814** Interstate 90 east of Coeur d'Alene



2 0 1 0 S U M M E R E D I T I O N

the
R.A.P. *family*

**RELATIVES AS PARENTS MEETINGS ARE AT THE JEWETT HOUSE THE SECOND THURSDAY OF THE MONTH AT NOON. 1501 E LAKESHORE DRIVE, COEUR D'ALENE BRING THE KIDS AND A PICNIC LUNCH! EVERYONE IS WELCOME!
FOR MORE INFORMATION CALL: GLENDA WEAVER 769-7096**



R.A.P. *family*
Relatives As Parents

Glenda Weaver
3202 Wedgewood Loop
Coeur d'Alene, Idaho 83815
208-769-7096

Member Name
4321 First Street
Anytown, State ZIP

