

# Active Parenting Group

Please join us for a free six week  
parenting course starting on  
Monday, March 4<sup>th</sup> from 5:15-6:30 p.m.  
at the Hays Shelter Home



This program offers an effective and unique approach to  
improve parent-teen interaction.

**It is designed to help parents learn:**

- How to communicate effectively with your teen
- Prevent teen use of alcohol, tobacco and other drugs
- Discipline while teaching responsibility
- Encourage the development of self-esteem and character
- Redirect misbehavior
- Encourage nonviolent conflict resolution

**Snacks and beverages will be provided.**

**Please RSVP to Anne Edmonds, LCSW at 322-6687**

*"Armed with these new skills, parents are better prepared to raise  
teens who are cooperative, responsible and able to resist peer  
pressure." ~ Michael H. Popkin, creator*



Hays Shelter Home  
7221 W. Poplar St.  
Boise, ID 83704